

Northwest Diamonds Girls Fastpitch Association In House Rules Kindergarten and 1st Grade

1. All team members play an equal amount of time and positions per game. No player will sit on the bench for more than two innings. No score is kept.
 2. Games should be played with 10 players in the field, but may be played with no less than 8 players. If less than 8 players are available, borrowing players from the opposing team is acceptable to allow the players that are there to be able to play a game.
 3. **Continuous batting order; Bat your line up. If a player comes late after batting has started, that player will be the last batter of your batting order. Inning is over after you have batted through your batting order. Even if there aren't any outs or there can be more than 3 outs per inning.**
 4. Balls and strikes should be called by a volunteer umpire. After 4 balls or 3 swinging strikes, the batter will use the tee. The batter is allowed 2 swings to hit a fair ball. Hitting the tee on the first swing is considered a foul. Hitting the tee on the second swing is considered an out. If the ball and the tee are hit, the ball is playable. If only the tee is hit and the ball rolls onto the playing field, the ball is considered a foul and an out if it's the second foul. If the tee is used, the runners can advance ONLY 2 bases.
 5. Only official aluminum softball bats may be used.
 6. Starting times will be 6:30 pm with a 10-minute grace period. No new inning can be started after 1 hour, 20 minutes.
 7. **Base length is 60 feet.**
 8. Pitching is to be done by the batting team's coach and must be a flat, no arc pitch.
 9. Players must wear tennis shoes or rubber spikes. Shoes must be tied if they have laces.
 10. No leading off or stealing is permitted. Sliding is permitted.
- 11. Equipment:**
- * Players must wear a league T-shirt.
 - * Batters, base runners, and on-deck batters must wear **a helmet with a chinstrap** at all times. The helmet must cover the forehead. If the correct size helmet is not available, borrow one from the opposing team.
 - * Catchers must wear facemask, chest protector, helmet, and shin pads.
 - * Use an 11-inch softie.
12. The home team defined by the schedule (team listed first) will supply the game ball in good condition, bases, a tee, and a volunteer umpire.

13. When the ball is overthrown and goes out of play, runner(s) on base may take only one base.
14. Any team's failure to follow rules will be brought before the Northwest Diamonds Girls Fastpitch Board.
15. Each COACH is to set a GOOD EXAMPLE FOR PLAYERS AND SPECTATORS!
16. Throwing of the bat results in a team warning. Second and consecutive team offenses result in the player who throws the bat being out. "Throwing the bat" results when the bat is thrown more than 8 feet OR if the bat hits anyone.
17. Only the on-deck batter in the on-deck circle does swinging of bats.
18. For safety reasons, coaches must have an assistant coach or parent at all practices.
19. Bunting is not allowed.
20. Infield fly rule does not apply.
21. Each player must switch positions each inning and can't repeat a position in a game.
22. Only one coach is allowed in the field, besides the coach that is pitching.